

## "Amen" Prayers

"Amen" means "I really believe." That is why we answer "Amen" when we receive Jesus in the Eucharist. Here are some prayers to say aloud. Say them with care and respect.

**I believe God loves everyone. Amen.**

**I believe Jesus is the Son of God. Amen.**

**I believe Jesus shows us how to love. Amen.**

**I believe Jesus is in the Eucharist. Amen.**

**I believe Jesus died on the cross. Amen.**

**I believe Jesus rose from the dead. Amen.**

**I believe Jesus sent the Holy Spirit to help us. Amen.**

Now add a short prayer for people who need our help.

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**Family Note:** Your child is learning about the Eucharist Meal. You can do this activity as a family whenever it is convenient for you. Choose a leader or take turns reading the statements of belief with everyone responding "Amen." If you wish, individual family members could also mention a statement to which everyone responds, "Amen."

**Catechist Note:** Use this activity with Chapter 6, "Sharing a Holy Meal." You can use this activity as a special prayer service with the class.